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 Upper Room: Flat 201, St Helena's Court (adjacent to the Church)
 web: www.sainthelenaschurch.com **Chaplain:** Ven Dr John Holdsworth 99 658 147
If you wish to include anything in the bulletin, please contact Deb Graham by noon Wednesday on 99173079 or email to debgraham1982@gmail.com



Diary of the week: Please note the activities (*) take place in the Upper Room

Sunday	18th February	9.30am 11am – 1pm	Holy Communion: Ven Dr John Holdsworth Pervolia Charity Shop open
Monday	19th February	10am - 1pm	Larnaca Charity Shop open Pervolia Charity Shop open
Tuesday	20th February	10am-1pm 7-9pm	Pervolia Charity Shop open
Wednesday	21st February	10am-1pm 10am – 1pm	Larnaca Charity Shop open Pervolia Charity Shop open
Thursday	22nd February	10am-1pm 7-9pm 10am-1pm 2pm	Pervolia Charity Shop open Spirituality Day at St Helena's Lent course starts
Friday	23rd February	10am --1pm 10am-1pm	Larnaca Charity Shop open Pervolia Charity Shop open
Saturday	24th February	10am-1pm	Pervolia Charity Shop open
Sunday	25th February	9.30am 11am-1pm	Holy Communion Pervolia Charity Shop open



The First Sunday of
 Lent
 18th February, 2018

Welcome to St Helena's in the name of Christ.

If you are a baptised Christian of any tradition, you are invited to receive Communion.

We will be having coffee in the courtyard after the service, please join us.

Collect

Lord, we beseech thee,
 grant thy people grace to withstand
 the temptations of the world, the flesh, and the devil,
 and with pure hearts and minds to follow thee,
 the only God; through Jesus Christ our Lord. **Amen**

Post Communion Prayer
 Lord God, you renew us with
 the living bread from heaven.
 Nourish our faith, increase our hope,
 strengthen our love,
 and enable us to live by every word
 that proceeds from out of your mouth;
 through Jesus Christ our Lord. **Amen**

Please turn off mobile phones before the service starts. We have a hearing loop installed. Please adjust your hearing aid accordingly.

Looking Forward –

As we begin our journey through Lent, we shall once again be having a short liturgy at the foot of the cross each Sunday. Some symbol of Lent and Passiontide will be placed there each week with a short explanation, a prayer and the singing of the verse of a hymn. In the past we have been using liturgies devised by others and they have not always corresponded to our readings, or our ethos, so this year we shall use a short liturgy of our own. As we move through Lent we shall be using hymn 234 (which goes to the tune of 'There is a Green Hill Far Away') and you might like to look at the words before the service. There is a sign-up sheet for the Lent course at the back of the church. The theme mirrors the Synod theme of 'Doing God and Doing Good'. The Diocesan website is currently under reconstruction and apologies to those who want to get information from it that is currently unavailable. There are hard copies of the Prayer Guide at the back of the Church. Details about the next Spirituality Day on Thursday are also available there. The Synod video that we showed at the Luncheon Club will shortly be available on the website. The Lent course can be downloaded, but the site is far from complete.

Ven Dr John Holdsworth



Prayer Corner

This week we pray especially for:

Alannah, Berie Norton, Alan Roper, Ann Pickard, Andreas, Miranda and Rachel, Vassiliki Goro, Jackie, James Phelps, Andi and Elizabeth, Carollynn Ellis, Valerie, Helen, Maureen Spelman, Stacey and family, Jeri, Rodney Yates, Paul and Jan Roddy, Sheila Preetejohns, Jane, Louise Jones, Marian Torchia, Sarah Harwood, Rose Bonsall, Carol Jillings, June Yates, Cat Hill, David Ward, Jill Monk, Gill Jefferyes.
Pray for all who need refreshment, light and peace at the Diocesan Retreat House, Katafiyio, and for the ministry of Maggie Leroy.

We would welcome donations of bottles of Commanderia for use in our Eucharist service. Please give them to Jean or Fr Geoff.

This morning's readings: Genesis 9. 8-17

1 Peter 3. 18-22 Mark 1. 9-15

Next week's readings: Genesis 17. 1-7, 15-16

Romans 4. 13-25 Mark 8. 31-38

Council Members

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Wardens: Rowena Parkin 22532135/99450861 and Brian Cromwell 24020376/96832221

Treasurer: Jan Dykes 24425578/99164911

CC Secretary and Synod Rep: Deb Graham 99173079

Synod Rep: Sue Mantovani 24652678/99594678

Council Members: Jean West 24425224/99950866, Doug 96273476, Elsie, Hazel, Marina and Liz Taylor

Co-opted Members: Todi, Sue H and Helen