

e-mail: [sthelenasoffice@cytanet.com.cy](mailto:sthelenasoffice@cytanet.com.cy) Postal: PO Box 42409, 6534 Larnaca, Cyprus  
 Upper Room: Flat 201, St Helena's Court (adjacent to the Church)  
 web: [www.sainthelenaschurch.com](http://www.sainthelenaschurch.com) **Chaplain:** Ven Dr John Holdsworth 99 658 147  
**If you wish to include anything in the bulletin**, please contact Deb Graham by noon Wednesday on 99173079 or email to [debgraham1982@gmail.com](mailto:debgraham1982@gmail.com)

**Diary of the week:** Please note the activities (\*) take place in the Upper Room

|               |                   |  |   |
|---------------|-------------------|--|---|
| <b>Sunday</b> | <b>3rd March</b>  | <b>9.30am</b><br>11am – 1pm                | <b>Holy Communion: Fr Geoff Graham</b><br>Pervolia shop open                      |
| Monday        | 4th March         | 10am – 1pm<br>11am-2pm<br>1pm              | Larnaca Shop open<br>Pervolia shop open<br>Dancing with Jim                       |
| Tuesday       | 5th March         | 11am – 2pm<br>7-9pm<br>7pm                 | Pervolia shop open<br>Lebanese supper   |
| Wednesday     | 6th March         | 10am – 1pm<br>11am – 2pm<br>12 noon<br>1pm | Larnaca shop open<br>Pervolia shop open<br>Imposition of Ashes<br>Luncheon Club * |
| Thursday      | 7th March         | 11am – 2pm                                 | Pervolia shop open  |
| Friday        | 8th March         | 10am – 1pm<br>11am – 2pm                   | Larnaca shop open<br>Pervolia shop open   |
| Saturday      | 9th March         | 11am – 2pm                                 | Pervolia shop open  |
| <b>Sunday</b> | <b>10th March</b> | <b>9.30am</b><br>11am – 1pm                | <b>Holy Communion: Fr Geoff Graham</b><br>Pervolia shop open                      |

### Post Communion Prayer

Holy God,  
 we see your glory in the face of Jesus Christ:  
 may we who are partakers at his table  
 reflect his life in word and deed,  
 that all the world may know his power to change  
 and save.  
 This we ask through Jesus Christ our Lord. **Amen**



St Helena's Anglican Church



**Welcome to St Helena's in the name of Christ.**  
*If you are a baptised Christian of any tradition,  
 you are invited to receive Communion.*  
*We will be having coffee in the courtyard  
 after the service, please join us.*

**3rd March, 2019**

### Collect

Lord, who hast taught us that all our doings without  
 charity are nothing worth:  
 send thy Holy Spirit, and pour into our hearts that most  
 excellent gift of charity,  
 the very bond of peace and of all virtues,  
 without which whosoever lives is counted dead  
 before thee; grant this for thine  
 only Son Jesus Christ's sake. **Amen**

### **Looking Forward –**

*It will be good to be back with you this week following my recent surgery. Thank you all for your prayers and good wishes – and practical help and concern. It has been much appreciated. This week we enter a new phase in the Church's year, with the beginning of Lent. It has been traditional to have some kind of feast the night before Lent and we shall be doing that on Tuesday with the Lebanese supper at Sue Mantovani's house. Please sign up on the list at the back of the church.*

*On Wednesday we have our traditional Eucharist with the imposition of Ashes, beginning at 12 noon. That will be followed by Luncheon Club. Please give names to Liz in good time. In place of a ten minute speaker we shall be showing our Diocesan video, which had its premiere at Synod. St Helena's makes a brief appearance this year, but the whole production shows what a wide ranging and varied diocese this is, and how local priorities are being met by local initiatives. It was well received at Synod and hopefully you will find it interesting.*

*Looking further ahead we have a Council Meeting on Tuesday 12<sup>th</sup> at 10.30am, and the following day we have our next pastoral afternoon, from 2 to 3.30. The theme this time will be terminal illness: how to help and understand those in that situation and those who care for them. All are welcome to join the discussion, or simply to listen.*

**John Holdsworth, Parish Priest**



**Pray for those who conscientiously and skillfully serve the administration of the diocese.**

**Pray also for St Andrew's located in the heart of the beautiful port city of Kyrenia. Thank God for the continuing witness of St. Andrew's in the community in spite of the difficulties we have been through over the past number of months.**

**There are some gaps on the roster. Please see if you could fill them.**

**The Larnaca charity shop would welcome volunteers to help out. Please see Liz or Brian if you have some spare time.**

**This morning's readings:** Exodus 34. 29-35  
2 Corinthians 3.12 – 4.2 Luke 9. 28-36, [37-43]  
**Next week's readings:** Deuteronomy 26. 1-11  
Romans 10. 8b-13 Luke 4. 1-1

**Please turn off** mobile phones before the service starts. We have a hearing loop installed. Please adjust your hearing aid accordingly.

### **Council Members**

**Chaplain:** Ven Dr John Holdsworth 24651327 / 99658147  
email: [archdeaconjohn32@gmail.com](mailto:archdeaconjohn32@gmail.com)

**Associate Priest and Pastoral Care Facilitator:** Fr Geoff Graham 99178068  
email: [geoffgraham1982@gmail.com](mailto:geoffgraham1982@gmail.com)

**Wardens:** Rowena Parkin 22532135/99450861 and Brian Cromwell  
24020376/96832221

**Treasurer:** Jan Dykes 24425578/99164911

**CC Secretary and Synod Rep:** Deb Graham 99173079

**Synod Rep:** Sue Mantovani 24652678/99594678

**Council Members:** Jean West 24425224/99950866, Elsie Shearsby, Hazel Fowlie, Marina Peters and Liz Taylor

**Co-opted Members:** Sue Holdsworth and Helen Barrett