

e-mail: sthelenasoffice@cytanet.com.cy Postal: PO Box 42409, 6534 Larnaca, Cyprus

Upper Room: Flat 201, St Helena's Court (adjacent to the Church)

web: www.sainthelenaschurch.com **Chaplain:** Ven Christopher Futcher 97611034

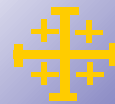
If you wish to include anything in the bulletin, please contact Deb Graham by noon Wednesday on 99173079 or email to debgraham1982@gmail.com

Diary of the week

Sunday	1st March	9.30am	Holy Communion: Rev Anne Futcher
Monday	2nd March	10am - 1pm 10am - 1pm 1.30pm	Larnaca Charity Shop closed Pervolia Charity Shop open Thanksgiving service for the life of Sue Holdsworth
Tuesday	3rd March	10am-1pm	Pervolia Charity Shop open
Wednesday	4th March	10am-1pm 10am - 1pm	Larnaca Charity Shop open Pervolia Charity Shop open
Thursday	5th March	11am 10am-1pm	Lent Group Pervolia Charity Shop open
Friday	6th March	10am --1pm 10am-1pm	Larnaca Charity Shop open Pervolia Charity Shop open
Saturday	7th March	10am-1pm	Pervolia Charity Shop open
Sunday	8th March	9.30am	Holy Communion: Fr Geoff Graham

Post Communion Prayer

Lord God,
you renew us with the living bread from heaven.
Nourish our faith, increase our hope,
strengthen our love,
and enable us to live by every word that proceeds
from out of your mouth;
through Jesus Christ our Lord. **Amen**



St Helena's Anglican Church



If you are a baptised Christian of any tradition, you are invited to receive Communion.

We will be having coffee in the courtyard after the service, please join us.

1st March, 2020

Collect

Almighty God,
whose Son Jesus Christ fasted forty days in the wilderness,
and was tempted as we are, yet without sin:
Give us grace to discipline ourselves
in obedience to your Spirit;
and, as you know our weakness,
so may we know your power to save;
through Jesus Christ our Lord. **Amen**

Looking Forward –

Last week's Gospel theme was transfiguration and mountaintops and glory. This week it's temptation and wilderness and desolation. Lent has begun.

And last Thursday morning a group of us met to reflect together on today's gospel reading. It was the first of six such sessions during Lent when we look together at the forthcoming Sunday's Gospel passage. Do come along – for any or all of the following Thursday morning sessions:

5th March – John 3:1-17

12th March – John 4:5-42

19th March – John 9

26th March – John 11:1-45

2nd April – Matthew 21:1-11

Each session starts at 11.00am. Copies of the bible passage will be available – and there will be refreshments too!

Another important date for the diary during Lent:

Saturday 14 March 11.00am: **Visit from Archbishop**

Michael to receive George Vidiakin into the Anglican Church in the setting of a Eucharist. This will be followed by lunch together at Marzano's Restaurant.

Please sign the list in church if you are able to come for the lunch.

As we journey together through this season of Lent, we continue to hold one another in our prayers.

Anne



Please pray for those who conscientiously and skillfully serve the administration of the diocese.

Please also pray for St Andrew's located in the heart of the beautiful port city of Kyrenia. The congregation consists mainly of resident expatriates, seasonal visitors and tourists. St. Andrew's is also greatly blessed by the presence of multi-national students who have been welcomed and found a home among us.

Please let one of the clergy or churchwardens at St Helena's know of any prayer and pastoral needs.

This morning's readings: Genesis 2: 15-17, 3: 1-7

Romans 5: 12-19 Matthew 4: 1-11

Next week's readings: Genesis 12: 1-4

Romans 4: 1-5, 13-17 John 3: 1-17

Council Members

Chaplain: Ven Christopher Futcher 97611034

email: archdeacon.christopher@cypgulf.org

Associate Priests:

Fr Geoff Graham 99178068

email: geoffgraham1982@gmail.com

Rev Anne Futcher 99250034

email: anne.futcher@cypgulf.org

Wardens: Rowena Parkin 22532135/99450861

Brian Cromwell 24020376/96832221

Treasurer: Regina Kornilova

CC Secretary and Synod Rep: Deb Graham 99173079

Synod Rep: Sue Mantovani

Council Members: Jan Dykes, Elsie Shearsby, Marina Peters and Liz Taylor

Co-opted Members: Helen Barrett