

**Psalm: 22: 1-15** - Please join in with the verses in **bold**.

1 My God, my God, why have you forsaken me? Why are you so far from saving me, so far from my cries of anguish?

**2 My God, I cry out by day, but you do not answer, by night, but I find no rest.**

3 Yet you are enthroned as the Holy One; you are the one Israel praises.

**4 In you our ancestors put their trust; they trusted and you delivered them.**

5 To you they cried out and were saved; in you they trusted and were not put to shame.

**6 But I am a worm and not a man, scorned by everyone, despised by the people.**

7 All who see me mock me; they hurl insults, shaking their heads.

**8 "He trusts in the Lord," they say, "let the Lord rescue him. Let him deliver him, since he delights in him."**

9 Yet you brought me out of the womb; you made me trust in you, even at my mother's breast.

**10 From birth I was cast on you; from my mother's womb you have been my God.**

11 Do not be far from me, for trouble is near and there is no one to help.

**12 Many bulls surround me; strong bulls of Bashan encircle me.**

13 Roaring lions that tear their prey open their mouths wide against me.

**14 I am poured out like water, and all my bones are out of joint. My heart has turned to wax; it has melted within me.**

15 My mouth is dried up like a potsherd, and my tongue stick to the roof of my mouth; you lay me in the dust of death.

**Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now and shall be forever. Amen**

***Notices:***

There will be a **retiring collection**, please leave your donation in the basket at the back of church.

**Holy Communion** will be distributed at the front of the church rather than being brought to you. The priest presiding will dip the edge of the wafer into the wine and then place into your hands. Please wear your mask as you move forward and return to your seat.

**Sunday 17 October at 9.30am** Archbishop Michael will lead the service at which he will license George as an Associate Priest at St Helena's. This service will be followed by the opportunity to have lunch together at Marzano's. There is a sign up list at the back of the church. Please pray for George and Regina.

**Oasis** were delighted by your generous gifts of food. Thank you so much.

## *St Helena's Anglican Church, Larnaca*

**10<sup>th</sup> October, 2021 – 19<sup>th</sup> Sunday after Trinity**

**Hymns:** 483 O God our help in ages past; 258 Help us, O Lord, to learn; 493 O Jesus I have promised; 282 How sweet the name of Jesus sounds; 410 Lord of all hopefulness

**Today's Readings:** Job 23: 1-9, 16-end; Hebrews 4: 12-end; Mark 10: 17-31

**Next Sunday's Readings – 20<sup>th</sup> Sunday after Trinity:** Job 38:1-7; Hebrews 5:1-10; Mark 10:35-45

### **Collect:**

O God,

forasmuch as without you we are not able to please you;  
mercifully grant that your Holy Spirit  
may in all things direct and rule our hearts;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. **Amen**

### **Post Communion Prayer:**

Holy and blessed God,  
you have fed us with the body and blood of your Son  
and filled us with your Holy Spirit:  
may we honour you,  
not only with our lips but in lives dedicated  
to the service of Jesus Christ our Lord. **Amen**

### **For prayer:**

Those on our prayer list at the front of church.

**Pray for the link with Exeter Diocese.** Pray for Bishop Robert Atwell, his clergy and people, and for the three-way link with us and Thika.

**Pray for St Mark's, Famagusta** - a church in a predominantly Muslim city. The vast majority of church members are international students at the local Eastern Mediterranean University.

If you have somebody that you would like us to pray for, please add them to the prayer list and mention them to a Warden.

If you would like a clergy visit, please see one of clergy or a Warden.

### **Who's Who:**

**Parish Priest** – Archdeacon Christopher Futcher, phone: 97611034, email: [archdeacon.christopher@cypgulf.org](mailto:archdeacon.christopher@cypgulf.org)

**Associate Priests** - Rev. Anne Futcher, phone: 99250034, email: [anne.futcher@cypgulf.org](mailto:anne.futcher@cypgulf.org); Fr Geoff Graham, phone: 99178068, email: [geoffgraham1982@gmail.com](mailto:geoffgraham1982@gmail.com)

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