

Psalm 112: 1-9

Please join in with the verses in **bold**

- 1 Alleluia. Blessed are those who fear the Lord and have great delight in his commandments.
- 2 Their descendants will be mighty in the land, a generation of the faithful that will be blest.**
- 3 Wealth and riches will be in their house, and their righteousness endures for ever.
- 4 Light shines in the darkness for the upright; gracious and full of compassion are the righteous.**
- 5 It goes well with those who are generous in lending and order their affairs with justice,
- 6 For they will never be shaken; the righteous will be held in everlasting remembrance.**
- 7 They will not be afraid of any evil tidings; their heart is steadfast, trusting in the Lord.
- 8 Their heart is sustained and will not fear, until they see the downfall of their foes.**
- 9 They have given freely to the poor; their righteousness stands fast for ever; their head will be exalted with honour.

**Glory be to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now and shall be forever.
Amen**

For prayer –

Pray for those who are currently taking part in Diocesan synod and for wisdom and vision in all that is planned and done.

Pray for our church of St Helena. We seek to serve God through our welcome, hospitality and care, to all and especially to those in need.

Pray for ‘Cry in the Dark’ as their team travels to Ukraine to see what help they can offer to children’s nurseries there. More information in the foyer.

If you have somebody that you would like us to pray for, please add them to the prayer list and mention them to a member of the clergy.

If you would like a visit by one of the clergy, please see a member of the clergy.

Notices:

A warm welcome to all visitors, especially those who have arrived for the Diocesan synod.

There will be an ashing service on Ash Wednesday 22nd February at 10am.

George will be leading a Lent course. More details next week. There are many gaps on the roster. Please sign up for readings, intercessions, refreshments and music.

Please check that all mobile phones are off, or on silent, during the service.

A personal message:

Some years ago, I was offered the opportunity to participate in a 'Retreat in Daily Life'. This entailed meeting face-to-face with a spiritual advisor for a 45 minute chat over four days followed by a period of personal reflection, reading or walking.

The chats were gentle and non-threatening. I can only describe the experience as life changing. My faith was considerably deepened. We are looking at offering the opportunity to members of St Helena's. If you would be interested or would like to know more, please see me.

Deb

Who's who:

Parish Priest – Archdeacon Christopher Futcher, phone: 97611034, email: archdeacon.christopher@cypgulf.org

Associate Priests - Rev. Anne Futcher, phone: 99250034, email: anne.futcher@cypgulf.org; Fr Geoff Graham, phone: 99178068, email: geoffgraham1982@gmail.com; Fr George Vidiakin, phone: 99472312, email: evidiakin@gmail.com

Wardens – Vacant

Church Council Secretary and bookings for the church and Upper Room – Deb Graham, phone: 99173079, email: debgraham1982@gmail.com

St Helena's Anglican Church, Larnaca**5th February 2023**

Today's readings – Third Sunday before Lent: Isaiah 58: 1-9a; 1 Corinthians 2: 1-12; Matthew 5: 13-20

Next week's readings – Second Sunday before Lent: Genesis 1:1 - 2:3; Psalm 136: 1-9a, 23-end; Romans 8: 18-25; Matthew 6; 25-end

Hymns: 701 we have a gospel; 258 Help us, O Lord, to learn; 155 Fill your hearts with joy and gladness; 59 be still and know; 412 Lord of creation

Collect:

Almighty God, who alone can bring order to the unruly wills and passions of sinful humanity: give your people grace so to love what you command and to desire what you promise, that, among the many changes of this world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

Post Communion:

Merciful Father, who gave Jesus Christ to be for us the bread of life, that those who come to him should never hunger: draw us to the Lord in faith and love, that we may eat and drink with him at his table in the kingdom, where he is alive and reigns, now and for ever. **Amen**