## Psalm 30 - please join in with the verses in bold

- 1 I will exalt you, O Lord, because you have raised me up and have not let my foes triumph over me.
- 2 O Lord my God, I cried out to you and you have healed me.
- 3 You brought me up, O Lord, from the dead; you restored me to life from among those that go down to the Pit.
- 4 Sing to the Lord, you servants of his; give thanks to his holy name.
- 5 For his wrath endures but the twinkling of an eye, his favour for a lifetime. Heaviness may endure for a night, but joy comes in the morning.
- 6 In my prosperity I said, 'I shall never be moved. You, Lord, of your goodness, have made my hill so strong.'
- 7 Then you hid your face from me and I was utterly dismayed.
- 8 To you, O Lord, I cried; to the Lord I made my supplication:
- 9 'What profit is there in my blood, if I go down to the Pit? Will the dust praise you or declare your faithfulness?
- 10 'Hear, O Lord, and have mercy upon me; O Lord, be my helper.'
- 11 You have turned my mourning into dancing; you have put off my sackcloth and girded me with gladness;
- 12 Therefore my heart sings to you without ceasing; O Lord my God, I will give you thanks for ever.
  Glory be to the Father, and to the Son, and to the Holy Spirit.

As it was in the beginning, is now and shall be forever. Amen

# St Helena's Anglican Church, Larnaca 6th July 2025

**Hymns:** 403 Lord, for the years; 410 Lord of all hopefulness; 678 Thy hand, O God, has guided; 483 O God, our help in ages past; 288 I cannot tell

This week's readings – Third Sunday after Trinity: 2 Kings 5: 1-14; Galatians 6: 7-16; Luke 10: 1-11, 16-20

Next week's readings – Fourth Sunday after Trinity: Amos 7: 7-end; Psalm 82; Colossians 1: 1-14; Luke 10: 25-37

### Collect

Almighty God,
you have broken the tyranny of sin
and have sent the Spirit of your Son into our hearts
whereby we call you Father:
give us grace to dedicate our freedom to your service,
that we and all creation may be brought
to the glorious liberty of the children of God;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. Amen

# For prayer –

**Pray for** "the peace of Jerusalem"; for an end to the war in Gaza; for the return of hostages and release of those in administrative detention; for justice, political solutions, peace and wellbeing for all.

**Pray for** the Church of Nigeria (Anglican Communion) **Pray for** thoughtful, courteous, and stimulating communication across the diocese.

Pray for St Martin's, Sharjah, UAE

#### **Post Communion**

O God,

whose beauty is beyond our imagining and whose power we cannot comprehend: show us your glory as far as we can grasp it, and shield us from knowing more than we can bear until we may look upon you without fear; through Jesus Christ our Saviour.

Amen

#### **Notices:**

- Please check that all mobile phones are off, or on silent, during the service.
- There will be a retiring collection. The basket is at the back of church.
- Today, Fr Geoff is presiding. Fr Ken is in Kyrenia.
- There will be a Council meeting on Tuesday. Please see a member of the Council if you wish something to be raised.
- There will be a said Eucharist in church on Wednesday at 1pm. All are welcome.

## Who's who:

**Priests with permission to officiate** - Fr Geoff Graham, phone:

99178068, email: <a href="mailto:geoffgraham1982@gmail.com">geoffgraham1982@gmail.com</a>; Fr Ken Gabbadon, phone: 99768966, email: <a href="mailto:kgabba7036@aol.com">kgabba7036@aol.com</a>

Warden – Jan Dykes, phone 99164911, email:

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