

## Notices:

- Please check that all mobile phones are off, or on silent, during the service.
- There will be a retiring collection. The basket is at the back of church.
- There will be a said Eucharist in church at 1pm every Wednesday and Stations of the Cross each Friday during Lent at 1pm.
- Akash has agreed to cook a delicious Pakistani meal to be served at Sue Mantovani's house on the evening of 21<sup>st</sup> March. The cost will be €20 per head to cover all food and beverages. There is a signup sheet at the back of church.
- The next LCC Women's Breakfast will be on 15<sup>th</sup> March starting at 9.30am at Alexander's Restaurant.
- Fr Vernon recently announced that All4Aid is suffering financially. It costs €15 to feed a family per week. Philippa has volunteered to collect donations.

## Who's who:

**Associate Priests** - Fr Geoff Graham, phone: 99178068, email: [geoffgraham1982@gmail.com](mailto:geoffgraham1982@gmail.com); Fr Ken Gabbadon, phone: 99768966, email: [kgabba7036@aol.com](mailto:kgabba7036@aol.com)

**Wardens** – Jan Dykes, phone 99164911, email: [supermac20@sky.com](mailto:supermac20@sky.com) and Marina Peters, phone 99246873, email: [marinaderek\\_peters@hotmail.com](mailto:marinaderek_peters@hotmail.com)

**Safeguarding Officer** – Marina Peters

**Pastoral Care Co-Ordinator** - Wendy Papasolomontos, phone: 96236224, email: [w-papas@hotmail.com](mailto:w-papas@hotmail.com)

**Church Council Secretary and bookings for the church and**

**Upper Room** – Deb Graham, phone: 99173079, email: [debgraham1982@gmail.com](mailto:debgraham1982@gmail.com)

## *St Helena's Anglican Church, Larnaca*

**9th March 2025**

**Hymns:** 173 Forty days and forty nights; 54 Beauty for brokenness; 493 O Jesus I have promised; 66 Bind us together; 373 Lead us heavenly Father lead us

**This week's readings - First Sunday of Lent:** Deuteronomy 26: 1-11; Romans 10: 8b-13; Luke 4: 1-13

**Next week's readings – Second Sunday of Lent:** Genesis 15: 1-12, 17-18; Psalm 27; Philippians 3: 17 – 4:1; Luke 13: 31-end

## **Collect**

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

**Psalm 91: 1, 2, 9-end** - please join in with the verses in **bold**

1 Whoever dwells in the shelter of the Most High and abides under the shadow of the Almighty,

**2 Shall say to the Lord, 'My refuge and my stronghold, my God, in whom I put my trust.'**

9 Because you have made the Lord your refuge and the Most High your stronghold,

**10 There shall no evil happen to you, neither shall any plague come near your tent.**

11 For he shall give his angels charge over you, to keep you in all your ways.

**12 They shall bear you in their hands, lest you dash your foot against a stone.**

13 You shall tread upon the lion and adder; the young lion and the serpent you shall trample underfoot.

**14 Because they have set their love upon me, therefore will I deliver them; I will lift them up, because they know my name.**

15 They will call upon me and I will answer them; I am with them in trouble, I will deliver them and bring them to honour.

**16 With long life will I satisfy them and show them my salvation.**

**Glory be to the Father, and to the Son, and to the Holy Spirit.**

**As it was in the beginning, is now and shall be forever.**

**Amen**

**For prayer –**

**Pray for** “the peace of Jerusalem”; for an end to the war in Gaza; for the return of hostages and release of those in administrative detention; for justice, political solutions, peace and wellbeing for all.

**Pray for** the Anglican Church of Canada

**Pray for** the Provinces of the whole Anglican Communion, their people and Primates.

**Pray for** St John's, Muscat, Oman

#### **Post Communion**

Lord God,

you have renewed us with the living bread from heaven;

by it you nourish our faith,

increase our hope,

and strengthen our love:

teach us always to hunger for him who is the true and

living bread,

and enable us to live by every word

that proceeds from out of your mouth;

through Jesus Christ our Lord. **Amen**