

**St Helena's is an English Language Anglican Church
in the centre of Larnaca, Cyprus.**



From 1907 Christian worship has been offered from our premises. We are part of the Worldwide Anglican Communion with worshippers (*parishioners*) attending from many backgrounds and countries.

All are Welcome to Worship with us.

The Holy Eucharist is Celebrated Sundays at 10.00am.

Afternoon Prayers - Wednesdays at 12.15pm.

Please Take This Pew News Sheet Away Home for a Neighbour.



Diocese of Cyprus and the Gulf

*Province of the Episcopal Church in
Jerusalem and the Middle East*

1976-2026

Celebrating 50 years

We adore you, O Christ, and we bless you.

Because by your holy cross you have redeemed the world.



Giving to St Helena's Anglican Church, Larnaca ...

The Offertory Basket for your Tithes and Offerings for the Lord's work is located at the back of church.

The running of the Church here costs a considerable amount of Euros each year and so your giving is Important and Appreciated.

THANK YOU - Efcharistó - o theós na evlogeí - GOD BLESS.

Bank of Cyprus Account Name:

Agglikaniki Ekklesia stin Larnaca

Acc No: 357037923694

IBAN No: CY78 0020 0195 0000 3570 3792 3694



The Church is committed to safeguarding as an integral part of its ministry and mission, promoting a safer culture and the welfare of every child, young person and adult.

Point of contact for any concerns - marinaderek_peters@hotmail.com

St Helena's Anglican Church, Larnaca



**Welcome to the 10.00am Holy Eucharist
Sunday 8th March 2026** *(Live Streamed)*



Today's Hymns:

- Processional:** 240 - Guide me O thou great Redeemer
Gradual: 40 - As the deer pants
Offertory: 189 - Glorious things of thee are spoken
Communion: 382 - Let us break bread together
Recessional: 634 - The king of love my shepherd is

**THIRD
Sunday
of Lent.**



Today's Sunday Lectionary Readings:

- 1st:** Exodus 17: 1-7
Responsorial: Psalm 95:
2nd: Romans 5: 1-11
Gospel: John 4: 5- 42



Next Sunday's Lectionary Readings:

- 1st:** Exodus 2: 1-10
Responsorial: Psalm 34: 11-20
2nd: Colossians 1: 3-7
Gospel: John 19: 25b - 27

**Next Sunday
15th March 2026
FOURTH SUNDAY
of Lent.
MOTHERING SUNDAY**

THE COLLECT:

Let us pray ...

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **A-MEN.**

POST COMMUNION PRAYER:

Let us pray ...

Merciful Lord,
grant your people grace to withstand the temptations of the world, the flesh and the devil, and with pure hearts and minds to follow you, the only God; through Jesus Christ our Lord.
A-MEN.



Responsorial Psalm

We say together the verses in **BOLD**.



Psalm 95:

1- O come, let us sing to the Lord; • let us heartily rejoice in the rock of our salvation.

2- Let us come into his presence with thanksgiving • and be glad in him with psalms.

3- For the Lord is a great God • and a great king above all gods.

4- In his hand are the depths of the earth • and the heights of the mountains are his also.

5- The sea is his, for he made it, • and his hands have moulded the dry land.

6- Come, let us worship and bow down • and kneel before the Lord our Maker.

7- For he is our God; • we are the people of his pasture and the sheep of his hand.

8- O that today you would listen to his voice: • ‘Harden not your hearts as at Meribah, on that day at Massah in the wilderness,

9- ‘When your forebears tested me, and put me to the proof, • though they had seen my works.

10- ‘Forty years long I detested that generation and said, • “This people are wayward in their hearts; they do not know my ways.”

11- ‘So I swore in my wrath, • “They shall not enter into my rest.” ’

Glory be to the Father, and to the Son: and to the Holy Spirit; As it was in the beginning, is now, and evermore shall be: world without end. Amen.

◆
During The Lenten Season
A Lent Study Group
Will meet in The Upper Room Flat
From 1.00pm to 2.00pm.
You Are Welcome!



FOR PRAYER



Pray for - The Episcopal Church in Jerusalem and the Middle East

Pray for - Pray for the Provinces of the whole Anglican Communion, their people, and Primates.

Pray for - St John’s, Muscat, Oman

Pray for - The sick, the housebound, residents in-care establishments.

Remembering - The recently departed - **May They Rest In Peace.**



NOTICES



◆ Please check that your Mobile Phones are on silent during the services.

◆ St Helena’s is a self-funding Church: Your giving is much appreciated.

The Offertory basket is at the back of Church for your Tithes and Offerings.

◆ **Gluten Free Wafers Available** - Please inform a Warden **BEFORE** the service.

◆ All are welcome to receive Holy Communion. Should you wish for a **Blessing Only** - Please bring this leaflet with you or just keep your arms folded whilst at the Altar Rail.

◆ **TODAY:** Celebrant - **Fr Ken** - Preacher - **Revd Navina** -

◆ Wednesdays 12.15pm - Afternoon Prayers. (Unless otherwise stated). *(Live Streamed)*

◆ **Wednesday during Lent - at 1.00pm Lenten Study Group in the Upper Room Flat.**

◆ During the distribution of Holy Communion please respect each other by quietly saying your prayers and not chattering at this most holy time. *Thank you.*

◆ Book Browsing - on the last Wednesday of each month from 10 to 12 noon apart from July & Aug.

◆ Next Church Council Meeting - Tuesday 10th March 2026 @ 3.00pm.

◆ For any pastoral needs please contact a warden.

◆ *Webpage:* <https://sainthelenaschurch.com/>

Who’s Who !!!



Parish Priest -

Revd Navina Thompson -

Priests with Permission to Officiate -

Fr Geoff Graham - Tel: 99 178068 - *e-mail:* geoffgraham1982@gmail.com

Fr Ken Gabbadon - Tel: 99 768966 - *e-mail:* kgabba7036@aol.com

Church Warden - Jan Dykes -

Tel: 99 164911 - *e-mail:* janetdykes56@gmail.com

Safeguarding Officer - Marina Peters -

Tel: 99 246873 - *e-mail:* marinaderek_peters@hotmail.com

Pastoral Care Co-Ordinator - Wendy Papisolomontos -

Tel: 96 236224 - *e-mail:* w-papas@hotmail.com

Accredited Lay Worship Leader at St Helena’s Anglican Church - **Wendy Papisolomontos.**

Church Council Secretary and Bookings for the Church -

Deb Graham - Tel: 99 173079 - *e-mail:* debgraham1982@gmail.com

The
Diocese of
Cyprus and
the Gulf.
Province of
the
Episcopal
Church in
Jerusalem
and the
Middle East.

Address and location of St Helena’s Anglican Church Larnaca.
WJ8H+WW7, Agias Elenis, Larnaca 6021, Cyprus.

